

## FREE RESOURCES

Full of crafts, games and ideas for pre-K to 7<sup>th</sup> grade, [www.icanteachmychild.com](http://www.icanteachmychild.com), is a great resource for you and your family! Within the site you will find [Adapted Mind](#), an incredible **FREE** site that teaches reading and math to 1<sup>st</sup> to 7<sup>th</sup> graders at their own pace. So even if Mom doesn't understand the math problem, no worries, this site teaches it to you both! The site offers personalized learning for your child in a fun, game format. What could be better? Did I mention its **FREE**?

Want to have casual family devotions? Just print out the **ABC Scripture Cards (FREE!)** at <https://www.icanteachmychild.com/abc-printable-scripture-cards/>. Print them out in black and white at any print shop, like FedEx Office, for just a few cents a page. Then let the kids color in the pages. Cut the page into fours, place in a box and take turns picking out your favorite verse. Chances are it will just fit your day!

Can't sleep or just need to think positive? Try to think of a Scripture or attribute of God that begins with every letter of the alphabet, one at a time, and experience a few moments of total peace.

Public libraries are full of **FREE** stuff. Music, movies, books, articles and online classes galore. Most of the time you can sign up for a card online without leaving the house. Do not think of libraries as just for kids. There are classes on Microsoft Office and much more; some libraries even let you get certified and this goes a long way in finding and keeping a job. Ask your mentor to assist you.

Almost anything you want to learn or know about can be found online. Set a habit of spending 30 to 60 minutes a week reading and learning. Listening to instrumentals and praise music can turn a challenging day into a peaceful one. Create some YOU time. Everyone will benefit when Mom is healthy and happy!

### DO-IT-YOURSELF (DIY) LEGAL AID

[Florida Law Help](#) can assist you in understanding your legal issue and solving your problems. Many DIY legal forms can be found at <https://floridalawhelp.org/>. Find info and help for family law, housing issues, domestic violence, benefits, consumer help, education and more. Proceed carefully and prayerfully as you seek wisdom. **Note:** This site is for Florida cases only.

### DEVOTIONALS

Go to [www.biblegateway.com](http://www.biblegateway.com) for a plethora of study aids, resources, devotionals and Bible reading plans in lots of translations. There are no excuses: you can even play Scripture audibly on your phone or computer as you drive, wait or go to sleep! And, of course, there's always the library.

## CAREER, RESUME, TRAINING

Visit [www.Goodwill.org](http://www.Goodwill.org)

**Placement & support services.** These services are targeted at your specific needs and can help you obtain and keep competitive jobs.

**Rehabilitation programs.** These programs help you with your physical recovery.

**Job search jump start.** Whether you've been out of work for a while or just need a new perspective, Goodwill can help you update your résumé, tailor your job search and prepare for interviews.

**Earn credentials.** Credentials matter, and you can earn them! Earning a credential such as a high school diploma, GED, industry certification or college degree can give you more than \$500,000 of additional earning power over the course of your career.

**Career advancement.** Goodwill specialists can help you chart your career path – whether in your current field or an entirely new one – and map out the training, education and other steps you need to get there.

**Online skills growth.** If you cannot get to a Goodwill in person, or prefer to get a head start from the comfort of your own home, consider taking advantage of our free online career exploration and skills training programs. Whenever and wherever you are ready, their offerings can help you network, develop your personal brand, create a strong résumé and more.